



Do you spend hours rocking, walking or nursing your baby to sleep?  
Does your child refuse to stay in their bed and end up in yours?  
If you dread nap time and bedtime...  
If you're exhausted and frustrated...

Join us for a  
**Sleep Success Workshop**  
*with Pediatric Sleep Consultant Alison Bevan*

**Tuesday, November 27**  
**6:30 PM**

Help your child fall and stay asleep and wake up happy with sleep specialist, Alison Bevan (Pediatric Sleep Specialist at The Center for Advanced Pediatrics and private Sleepytime Coach.)

For parents of children **birth to age 6**.  
Registration is requested but drops-ins are welcome, meets in the Noah Webster Library Meeting Room.



*Alison Bevan - Sleepytime Coach*

*Gentle Sleep Solutions for Babies and Children*

<http://sleepytimecoach.com>